

HOME GROUPS

Discussion Questions for *More on How to Meet Your Mate's Needs*
Week of January 17th - 23rd, 2010

Warm Up What's your favorite relationship comedy...or "chick flick"?

- Since marriage requires *skill*, what skills do you feel have enhanced your marriage? What skills would you like to develop personally to enrich your marriage? (i.e. *listening, speaking honestly about my feelings, affirming my mate etc.*)
- Refer to the handout George made available on Sunday. Of the ten basic emotional needs of men and women, identify those that can only be met by your mate. Why is this important to acknowledge?
- **If you're single, the following questions can still be a healthy dialogue as you consider the implication of marriage!** Farley says that a man's most basic need is sexual intimacy, while a woman's is conversation. Read **1 Cor. 7:2-5**. According to v.2 what is one of the primary reasons for marriage? What is the Scripture teaching that each should *render to each other* in v.3? What does v.4 teach about the implications of our "own" bodies? Summarize what v.5 is teaching.
- Discuss the following statement: "A typical wife doesn't understand her husband's deep need for sex anymore than the typical husband understands his wife's deep need for affection." Do you agree? Why or why not?
- Conversation is the channel through which a couple stays emotionally bonded. Generally speaking, women do not want to converse *purely* for solutions but rather to express their feelings and connect on a deep level. Do you find this to be true in your relationship? Why or why not?
- What does a typical week of conversation between you and your spouse usually look like? What are the subjects you discuss and do they promote intimacy?
- Almost every couple has differing needs. During the course of the next week take time to sit down and verbalize *to your mate* the top 5 unique differences that you appreciate about him/her.

Wrap Up: Make your marriage a top focus of prayer for the next 7 days. Spend time thanking God specifically for what you admire most in your mate. See how this makes an impact on your relationship!